

DJP



## SELF HELP

Hannah Scissons photo

Rob Laventure (left) and Terry Boyle play "Hal" and "Cindy," an acting couple who become self-help gurus in the Norm Foster play "Self Help," being put on by Stage North. Battling a rocky marriage themselves, they have to deal with a dead body in the study while a detective and nosy reporter prowls the house. The wacky comedy begins at 7 p.m. on Feb. 16, 17, 22, 23, and 24 at the North Peace Cultural Centre.

FEB 2006

Rob

# Behind the seams

TESSA HOLLOWAY  
ALASKA HIGHWAY NEWS

Sewing machines buzzed at the Association for Community Living Saturday as participants got a first-hand lesson in creating historic costumes.

Kim Tait, costume chair for the board of directors of Stage North, led a handful of participants through the shortcuts and easy ways to sew together costumes. She said she often sees people make more work for themselves by creating clothes the hard way.

"What I'm showing them today is the shortcuts. It probably feels long for them now because they're learning, but the next time they do this it will probably take them an hour instead of three."

This is the first of a series of local expert workshops offered by the Peace River Zone of Theatre B.C., with future workshops planned for

2007 DUT  
other technical aspects of theatre such as lighting, set design and sound.

"At our AGM in September, a lot of the small clubs said we need some help," said Cynthia Livingstone, chair of the Peace River Zone of Theatre B.C.

While the workshops are designed for local theatre groups, they're open to anyone. Local resident Kim Scott was making her Halloween costume Saturday – a corset with a flowing black dress, all underneath an ankle-long, elegant jacket.

"I always wanted to make my own costume for Halloween," she said, adding costumes from costume shops are often expensive and poorly made.

"You get to customize the costume however you want. I finally get to learn how to do it and hopefully I'll retain (the knowledge) and be able to keep making my own clothes."

SEE SHORTCUTS/A8



Tessa Holloway/AHN

Grace Okada weaves her fabric through a sewing machine at the theatre costume making workshop put on by the Peace River Zone of Theatre B.C.



**Totem Mall**  
 BEAK  
 of the NORTH  
 Your Community Minded Mall

**Proudly Presents**

*DUP*

**A Stage North Production of**  
 Norm Foster's hilarious comedy  
**Self Help**

THE SAVAGE WAY



"The time is now  
 The battlefield is life  
 The soldier is you!"  
 -- Hal & Cindy Savage



Laugh...  
 Till the New You  
 breaks through!

**FEB 16, 17, 22, 23, 24, 2007 AT 7:00 PM**  
**ADULTS \$17.00, STUDENTS/SENIORS \$15.00,**  
**NORTH PEACE CULTURAL CENTRE - 785-1992**

*Alaska Italy News Feb 14 '07*



We Benefit from Bingo

A Spontaneous Combustion Production



# SNOW FOLLIES

## DINNER THEATRE



DUP

When: Friday, November 9

Where: Quality Inn Northern Grand

Tickets: \$40 each available at the Cultural Centre.

Seating: tables of 8 (112 tickets available)

NOTE: if you wish your party to sit together you must get all your tickets at the same time. Seats will be filled in on all tables as tickets are sold.

6 pm: No host bar

6:30 pm: Dinner

(buffet roast beef/chicken, 2 salads, buns, and extras),  
2 bottles of wine on each table,  
dessert.

Hudson Hope

"Dessert Theatre"

Sat. Nov 17, 07

7 pm

For further information phone Sue Popesku, producer at 785-621-