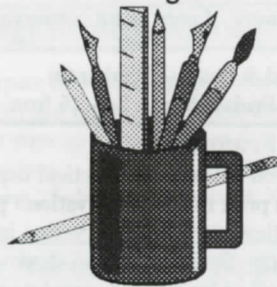




# ArtSpace

## '99 Winter Session

*Arts and Leisure Activities for people  
of all Ages*



**Session Starts January 25, 1999**

**Register Now 785-1992**  
with your MasterCard or Visa, or register in  
person at the **Cultural Centre**  
**10015-100th Avenue, Fort St John**



**Official ArtSpace Sponsor**

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# Creative Arts

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## Basic Calligraphy

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This ancient art of handwriting is very popular for wedding invitations, certificates or to add class to greeting cards. All are possible when you learn the tips and tricks. This introductory course will focus on basic skills - a great introduction to this beautiful art.

Instructor: Judy Dampier

\$ 49 / 1 session

Dates: Saturday, February 13th from 10:00 - 4:00 p.m.

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## Drawing

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This class will touch on many areas of drawing such as shading, texture, character expression and the vanishing point. Each student will work at their own pace and be given lots of individual attention.

Instructor: Shirley Roberts

\$69.00 / 6 sessions

Dates: Thursdays, February 4 - March 11 from 8:00 -9:30 p.m.

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## Framing

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### Basic Framing:

With practice become proficient at using mat and circle cutters. You will mat, mount and frame prints with single and double mats; cut creative mat openings and be shown how to stretch and frame needlework. Learn about conservation framing and object framing.

Instructors: Ed & Patricia Warkentin

\$85.00 / 3 sessions

Wednesday - Friday, March 24 - 26 from 6:00-10:00 p.m.

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### Advanced Framing:

In this class you will receive practical experience on mounting and matting a print in the conservation / preservation method; stretch a needlework with conservation in mind. Try French matting projects. Design mats and shadow boxes for various objects. As well as lay out and complete a number of creative mat designs.

Instructors: Ed & Patricia Warkentin

\$85.00 / 2 sessions

Saturday and Sunday, March 27 & 28 from 9:00-4:00 p.m.

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## Jewelry Making

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This popular class will be returning this winter. Learn various gold and silver smithing techniques including lost wax casting and manufacturing. This is an excellent opportunity to make some very unique and special gifts. The classes will be held Tuesdays or Thursdays, more info will be available in early January.

Instructor: Bent Hansen

10 sessions

Dates and Cost: TBA Classes will be held from 7:00-10:00 p.m.

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**\*\* GST will be added to all applicable classes. \*\***

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## Water Colour Workshops

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### Workshop #1: The Peace River

Paint the Peace River in Water Colour. Janis will lead you through your painting step by step. You'll take home a finished painting on your first day. Janis will demonstrate wet in wet, dry brush, washes & detail. You will learn to paint sky with clouds, water & reflections, life-like pine and poplar trees & much more. Leave your troubles behind COME out and relax and have fun. Supplies required! Supplies are available for an additional cost.  
Instructor: Janis Herbison \$69.00 per session  
Date: Saturday, January 23 from 9:00-4:00 p.m.

### Workshop #2: Wood Duck

Paint this colourful Wood Duck on water in one day! You will enjoy step by step instruction on wet in wet, dry brush, texturing, water reflections & lots of detail. Janis will supply you with a sketch and laser print to work from. No drawing necessary. Come out and have fun while you paint this Wood Duck for someone you love. Supplies Required.  
Instructor: Janis Herbison \$69.00 per session  
Saturday, February 6 from 9:00 - 4:00 p.m.

### Workshop # 3: Advanced Watercolour

This class is designed for painters with previous Water Colour Painting Experience. Paint anything you like. Information on subject selection and the required material preparation is available at Registration. Supplies are required.  
Instructor: Janis Herbison \$69.00 per session  
Saturday, February 20 from 9:00 - 4:00 p.m.

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## Dance Classes

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### Two Stepping for Beginners

Learn how to two step this winter. This class is designed for beginners to provide an introduction to the Two-step, Polka, Schottische and Waltz. This class is a lot of fun and fills quickly, so sign up early.  
Instructor: Diana Foster \$ 89 per couple / 6 sessions  
Dates: Thursdays, Feb 4 - Mar 11 from 8:00-10:00 p.m.

### International Ballroom Dance

These special one night sessions will focus on the basic steps of the swing and jive. A great refresher or introduction to these basic dances. Bring a partner and learn to swing and jive.  
Instructors: Ivo & Anna Kratochivil \$ 28 per couple / per session  
Dates: Friday, Feb 5 or 19 th from 8:00-10:00 p.m.

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## Wellness/ Fitness (Mind & Body)

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### Gigong Tai Chi

This gentle Chinese martial art combine exercises of both the mind & body. Through natural, deep breathing and relaxed but controlled exercise. Gigong can increase our energy flow and our state of awareness. It helps us live inside our bodies again!  
Instructor: Jody Decker \$98.00/ 10 sessions  
Dates: Mondays, Jan 25 - Apr 12 from 9:30-11:00 a.m.

### Hatha Yoga

Hatha Yoga helps the body release tension and stress through stretching and toning. Breath awareness improves flexibility, strength, and relaxation. Breathing exercises, concentration techniques and basic meditation are gradually learned in this class.  
Instructor: Linda Baker \$98.00/ 10 sessions  
Dates: Wednesday, January 27 - March 31 from 9:30-11:00 a.m.

### Kundalini Yoga

Kundalini Yoga is a technology that combines breath work, movement, meditation, chanting and relaxation to work on every aspect of the body, mind and spirit.  
Instructor: Dena Fairell \$98.00 / 10 sessions  
Dates: Wednesdays, January 27- April 7 from 7:30 - 9:00 p.m.

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## Special Interest Classes

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### Introduction to Fly Tying

Tie your own fly! Designed for novice fishers who want to create a tasty treat for trout and other lake and river dwellers. Materials are supplied but students will be responsible for supplying their own tools.  
Instructor: Kerry Pitt \$85.00 / 4 sessions  
Dates: Tuesdays, Feb 2 - 23 from 7:00 p.m. - 9:00 p.m.

### Are you interested in teaching others?

Do you have teaching skills? Would you like to share your knowledge and skills with others? Do have a great idea for a class? If you are interested in teaching ArtSpace Classes....

Contact the ArtSpace Coordinator at 785-1992

## Preschool

### Diaper Gym Ages 9 mos to 2 years

This parent participation program provides an opportunity for you and your child to participate in creative movement activities and games. A great chance to interact with your child and others.  
Instructor: Jody Decker \$ 60.00/ 10 sessions  
Dates: Tuesdays, Jan 26 - April 6, from 10:00 - 10:45 a.n..

### Tiny Tots Ages 18 mos - 2 years

This is a fun-filled program which may include arts, crafts, songs, creative movement games and socialization through free play. Parent / Guardian must participate.  
Instructor: Shirley Roberts \$56.00 / 9 sessions  
Dates: Thursdays, January 28 - April 1, from 9:30 - 10:30 a.m.

### Morning Munchkins Ages 3-4

An opportunity for your preschooler to participate in a diversified program of arts, crafts, discovery, music, large motor activities and more. Parent / Guardian must sign up for one helper day.  
Instructor: Wendy Davidson \$56.00 / 9 sessions  
Dates: Mondays, January 25- March 29 from 10:30- 11:30 a.m.

### Energy Boosters Ages 4-5

Your child will participate in a varied program of arts, crafts, games, activities, stories and more. A different theme each week. Parent/ Guardian must sign up for one helper day.  
Instructor: Wendy Davidson \$69.00 / 9 sessions  
Dates: Mondays, January 25- March 29 from 12:30- 2:00 p.m.

### Peace Gallery North - Kid's Opportunities BANNER CAMP IS BACK!

This is your chance to decorate the city! Kid's of all ages will have an opportunity to submit art work to be made into community banners. These banners will hang from the summer on..in the streets of Fort St. John. WATCH FOR MORE INFORMATION -coming your way this spring!

### 7th Annual Kid's Fun for All -

This is your chance to submit an original 2-D work of art for competition and display. All art work should state your name, school, phone number, and age on the back of the art work.  
Deadline for Entries is **May 5, 1999**

**Contact the Gallery for More Information at 787-0993**

## Youth Classes

### Babysitter Training Ages 12-16

Excellent for anyone who wants to take care of young children, this class teaches fire safety, baby washing and a variety of other skills needed for babysitting- this popular class fills quickly.  
Instructor: Bev Alexander \$65.00 / 5 sessions  
Dates: Tuesdays, March 2 - April 6 from 4:00 - 6:00 p.m.

### Babysitter First Aid Ages 11-15

This invaluable course will prepare you for just about any medical emergency you may encounter while babysitting. Bring your lunch!  
Instructor: Lyn Adamson \$60.00 / 1 session  
Date: Saturday, TBA from 9:00 a.m. to 4:00 p.m.

### Learn to Draw Ages 10-15

Shading, texture, character expression and the vanishing point are the basic techniques students will learn. Each student will work at their own pace and be given lots of individual attention. Students will require a sketch pad and B, B3, and B6 pencils.  
Instructor: Shirley Roberts \$ 59.00 / 6 sessions  
Thursday, February 4 - March 11 from 6:30 - 7:30 p.m.

### Toastmasters for Kids Ages 10 - 14

Here is a chance to learn to speak in public with confidence. We will show you how to prepare speeches effectively and project correct body posture. You will learn leadership skills that will last a lifetime.  
Instructors: Members of FSJ Toastmasters \$45 / 4 sessions  
Thursday, February 4 - 25 from 4:00 - 5:00 p.m.

## DROP IN STUDIO SPACE

the North Peace Art Group and Peace Gallery North invite art students (over the age of 12) to participate in bi-weekly Saturday morning studio sessions. Most sessions cost \$3.00 and pre-registration is required. Call **787-0993** to register.