

Fort St. John Sports Council Newsletter

FALL 2004

Vision:

To provide a collective voice for the promotion and development of amateur sport in Fort St. John.

Sports Council Executive

Message from the Co-Chairs

The Fort St. John Sports Council is in its second year as an active representative for sports groups within the City and the surrounding area. The purpose of this group is to provide a united voice in matters that affect more than one individual sport.

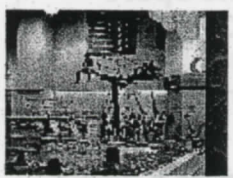
Together we can work towards the betterment of sport within our community. We are pleased to have KidSport as part of our organization.

I would like to urge last year members to renew and welcome new member sports to the Council. We welcome non-member groups to become a part of our council. We feel that all sport groups in and around the City of Fort St. John would benefit from belonging to the Sports Council.

We plan to host a Power of Sport Tour, Nutrition and Health seminar, a Media seminar, and other seminars that members deem necessary, NCCP Coaches courses, joint fund raising events, and send out periodic newsletters. There will be a discount for any Sports Council member groups and individuals registered to member groups, to participate in our events. Member groups will have the opportunity to submit items of interest to be published in our newsletter.

2010 Olympics is just around the corner. The Olympic Committee encourages the Community Sports Councils. Help us to make it successful.

- Gail Weber, Co-Chair
Phone: 785-5163
E-mail: gmweber@shaw.ca
- Tammy Phillips, Co-Chair
Phone: 787-0406
- Marija Wiebe, Treasurer
- Elizabeth Purdon, Secretary
- Shirley Lamoureux, Membership
- Connie Richter, Communications
- Kathleen O'Neill, KidSport Representative
- Eliza Stanford, Director
- Patti Murray, Director



Member List:

- | | |
|-------------------------------------|----------------------------------|
| Fort St. John Curling Club | fsjcurl@pris.bc.ca |
| Fort St. John Figure Skating Club | fsjskate@pris.bc.ca |
| Fort St. John Judo Club | pierre.johnstone@gems1.gov.bc.ca |
| Fort St. John Minor Hockey | info@fsjmha.bc.ca |
| Fort St. John Speedskating Club | dgladysz@solarwinds.com |
| Hatha Yoga | dolphindreamer@shaw.ca |
| Inconnu Swim Club | purdon@pris.bc.ca |
| North Peace Gymnastics | npga@awink.com |
| Peace Passage Skating Club | dwkimmie@pris.bc.ca |
| Peace Valley Martial Arts Society | shidokan@pris.ca |
| Sub Zero Track & Field Running Club | gcspelsberg@shaw.ca |
| Whiskey Jack Nordic Ski Club | elizaedw@telus.net |
| Youth Bowling Council | trophysj@shaw.ca |

North Peace KidSport™

Applications for sport registration funding for the fall and winter season are due **September 17, 2004**.

Please drop off your completed forms to the Community Services Office located between the North Peace Leisure Pool and the North Peace Arena.

Call 785-4592 for more information.



"So all North Peace kids can play."

"I Colton Fleet was sponsored from KidSport for minor hockey. I played on Patch Point Atoms division. If it wasn't for KidSport I would not have won four awards and had so much fun. I would like to thank everyone for their donations so KIDS CAN PLAY."

Colton Fleet



Hatha Yoga & Meditation

Fort St. John Classes:

Sept 21-Nov 23

Tuesdays 7:00pm-8:30pm

Sept 22-Nov 24

Wed. 9:30am-11:00am

Sept 23-Nov 25

Thurs. 5:00pm-6:30pm

Located at: 9607—99 Avenue

Call: 785-3914

Wear comfortable clothing. No scents or perfume please. Bring a yoga mat, two blankets, bed pillow and bath towel to every class.

Members Corner

Fort St. John Curling Club

The club will be holding curling clinics on **September 25** and **October 2, 2004**.

They will also be offering free curling from September 27 to October 1, all days and evenings, so come and try our sport.

For further information on clinics, leagues and general information call the Fort St. John Curling Club at 785-2037 and talk to Dwight.

FSJ Broomball Association

The FSJ Broomball Association in conjunction with the Canadian Broomball Association and the BC Broomball Society is holding a level 1 & 2 coaches clinic and a level 1 referees clinic in Dawson Creek on September 25 & 26. All coaches and referees that plan on coaching and refereeing at Provincials, Nationals or International games must be certified. For more info contact Caron Jones, Dawson Creek Broomball Association at 785-5105 or 784-5535.

The FSJ BA league begins on Friday, October 8, 2004. For more details contact Steven Fraser, President 787-9119 or Tammy Phillips, Secretary 787-0406.

FSJ Sports Council Workshops

Nutrition & Health Seminar—Monday, September 13, 2004,

The FSJ Sports Council in partnership with the City of Fort St. John presents a Nutrition & Health seminar with Facilitator Linda Boyd, BSc, RDN, Community Nutritionist. The seminar will be held at the North Peace Leisure Pool Meeting Room 7:00 pm until 9:00 pm and the registration fee is \$10.00 per person or \$5.00 per person for Sport Council members. Register at the North Peace Leisure Pool or call 785-4592.

The Sport BC Power of Sport Tour—Comes to the North & South Peace

The Power of Sport Tour invites the entire sport community to attend sessions related to areas of *athlete development, coach education and certification, officials development and volunteer education and development*. For detailed schedule go to www.sport.bc.ca and follow the links to the Power of Sport.

Saturday, September 25, from 5:00 pm until 7:00 pm The Sport Hero Award Reception will be held at the Fort St. John Curling Club.

Nominate a sport hero from your group—an unsung hero. Nomination forms are available at the One Stop Registration on September 11, the Community Services office or on line at www.sport.bc.ca.

7:00—9:00 pm seminar on "How a small town girl becomes a world champion". Location—FSJ Curling Club, nominal admission fee will be charged.

Monday, Sept 27, 7:00-9:00pm—Coaching Female Athletes Panel Discussion

Tuesday, Sept 28, 12:00 noon-1:30 pm— Networking Luncheon, topic Girls / Women In Sport. Pickup complimentary invitations at Community Services Department by Friday, September 24 at 12:00 noon.