# City faces shortage of doctors

By Pamela den Ouden, Northerner Staff Writer

With two of Fort St. John's doctors leaving this summer and a third presumed dead after a plane crash, the city is facing a shortage of doctors that has the medical community worried. "We are definitely under-doctored," said Dr. Art Cain, speaking on behalf of the General Hospital chief of staff. "And that's not even considering the impending departures."

Dr. Michael Koblic, the city's only internist, and Dr. Margaret Ormston, a general practitioner, will be gone by the end of the summer. Dr. Gary Westover, a general practitioner in the city for almost 30 years, is presumed to have died when his light plane crashed into the Peace River June 16.

According to Cain "there are no replacements in sight." He said it will be "very difficult" to replace them.

Assistant Administrator of the Medical Clinic Marilyn Campbell said "it almost seems an impossibility" to find a replacement for the specialist.

A medical spokesman, who asked to remain unidentified, said the remaining doctors will have to "work even harder. Anyone who says there isn't a shortage should try to make an appointment with a doctor. Ask anyone on the street if

(See DOCTOR, page 2)

burden."

He said there may be other strategies the provincial

Stewart said that these funds weren't in their budget five years ago, and "they certainly weren't there I5 years ago. We're willing to help, but we can't bear the whole burden "

government." He said the regional hospital district has about \$5,000 in its budget for the recruitment of regional specialists, such as a pathologist, whose discipline is of value to the whole region.

Wetzel said that recruiting is not the responsibility of the physicians, nor of the hospital, although they are both interested parties. He said

Fort St. John Hospital board chairman John Wetzel agreed, adding that lack of contact with other professionals in a specialty and the lack of opportunity to upgrade skills also concerns prospective doctors.

specialists is that they need a population base sufficient to warrant their practice in an area.

### **DOCTOR**

(Continued from Page 1)

there is easy access to doctors. The answer will be 'no.' People don't like that.

"Or let them follow me around each day."

The spokesman said it was "almost impossible" to get Canadian doctors to work in the north, and although it is not terribly difficult to hire from outside the country, the process is tedious. "People often resent the fact that positions are filled by foreigners."

Traditionally, the doctors in the community have taken upon themselves the job of recruiting other physicians. They have entertained and interviewed at their own expense. Some have flown to university campuses in other cities to try to entice doctors in their last year of residency to come to Fort St. John to establish practices. With the shortage increasing, the question of whose responsibility recruitment is comes up.

"The physicians would like to see some mechanism in place that's going to be addressing the problem," said Cain. "We're not transferring the responsibility; we'll still be very much involved in determining the requirements and looking at a prospect." Cain said the doctors have looked to the hospital board as the pulse of the community, but know that it has no funding for recruiting. He said that it is in the community's best interests to have doctors and specialists; it cuts down on the expense and time of travelling to larger centres to receive treatment.

Moray Stewart, administrator of the Peace River Regional District, said doctor recruitment is an on-going problem. "It is extremely expensive. We have been very fortunate in having the private sector physicians take this upon themselves." He said the physicians "have done a valiant duty" in recruiting. "The only people who can recruit physicians are the physicians themselves; they're the only ones who can tell about the reality of practising in the area." But he said recruiting should be funded by the province.

"Health care is a provincial concern; this is a legitimate request to put to the provincial

government could put into play such as a differential fee schedule for doctors practising in the north. "We need an organized and concentrated approach; an ad hoc approach will not work."

Dave Pankratz, regional liaison officer for the northeast region said the provincial government recognises the recruitment and retention of professionals, including family physicians and specialists is a problem in northern communities. It has set up an interministerial committee of the ministries of health, social services, regional development and labour to address this problem. The provincial government already has a recruitment incentive grant program for health care students. Designed to attract health care professionals to more remote areas, it exchanges a \$5,000 annual grant for a commitment from the student to work one year at any location in the province designated by the Ministry of Health. Professions such as dental hygiene, psychology, nursing, audiology and physiotherapy are given priority. But he said the program has placed only a handful of professionals.

Pankratz said part of the answer is in "getting our message out there, telling them who and where we are. For those who want the great outdoor adventure, "this is the place. We have more species of ungulates here than anywhere in B.C.; there's great fishing. Kanuso Falls is 50' higher than Niagara, and above it, there are terraced falls and an alpine meadow, very fragile. Some people would give their eye teeth to have all that at their back door."

He admits that for others, amenities means "museums, libraries, the symphony" and those are the professionals who are hard to attract here.

Although financial incentives can help, there are other considerations. Dr. David Blair, president of the B.C. Medical Association said that doctors are "not so keen to work the same number of hours a week as doctors worked 10 or 20 years ago." He would like to see incentives other than fee schedules incentives such as support through relief help and time-off replacements. He said "lifestyle is very important."

Another problem in attracting

the hospital board "envisions sharing the advertising costs; this would come out of discretionary funds, it is not part of hospital funding."

Ben Knutson, chairman of the Regional District said that it would be worthwhile discussing the question of recruitment at the regional board level and try to come up with an answer. "Everyone wants to live in the promised land where all the amenities are and where the winters are not quite so long." He said that financial gain was probably the best way to attract doctors to the area.

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"The universality we have sometimes makes it difficult to get anything done. Part of the problem is people don't really understand our area. They still think it's an area of perpetual ice and snow, where we eat moosemeat and bannock."

Fort St. John mayor Pat Walsh said "a shortage has not been

ntified to the city; we are not are of a problem. If there were a oblem, it would be identified to us the hospital board." He said the y "will do everything it can to courage people to come here." added that "recruiting is not the

ourage people to come here." added that "recruiting is not the y's financial obligation" but the pense should be borne by the alth sector of our tax dollars. he doctors shouldn't be derwriting this expense mselves."

finest citizens, was told in the words two days, convinced the accident Rescue suspended their efforts after on June 16. Federal Air Search and plane crashed into the Peace River of the family. Dr. Gary Westover's ing the loss of one of Fort St. John's was non-survivable: (7) Plane crash kills doctor The family of Dr. Gary Westover airport at 3 p.m. When he did not family member to pick him up at the airport. Dr. Westover had asked a Dr. Westover was en route to the flight plan was not required by the arrive, concern was expressed to Ministry of Transport regulations as Tower at approximately 2:48 p.m. A

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local air search. He also contacted federal air rescue and co-ordinated from where the fuselage was found to be about seven miles upstream wreckage estimated the impact site midnight. Air visualization of the O'Brian Blackall contacted

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final phase of flight testing the He left Charlie Lake at 2:45 p.m. scene by 8:30 p.m. with riverboats Volunteer searchers were at the

aircraft.

### (7) Plane crash kills doctor

The following tragic tale, involving the loss of one of Fort St. John's finest citizens, was told in the words of the family. Dr. Gary Westover's plane crashed into the Peace River on June 16. Federal Air Search and Rescue suspended their efforts after two days, convinced the accident was non-survivable:

The family of Dr. Gary Westover would like to provide their account of the events of the aircraft accident involving Dr. Westover on June 16, 1989.

Dr. Westover has been a physician practicing in Fort St. John for the past 32 years. He has accumulated over 25 years of local bush flying experience. The aircraft he was piloting was a home-built amphibious bi-plane. Over 2,032 hours were spent constructing the Sea Hawk aircraft, of which there are 200 registered. The Ministry of Transport physically inspected and approved each phase of construction. Dr. Westover was in the final phase of flight testing the aircraft.

He left Charlie Lake at 2:45 p.m.

contacting the Fort St. John Air Tower at approximately 2:48 p.m. A flight plan was not required by the Ministry of Transport regulations as Dr. Westover was en route to the airport. Dr. Westover had asked a family member to pick him up at the airport at 3 p.m. When he did not arrive, concern was expressed to Dan Anderson, a local pilot, at 4:30 p.m. Anderson, along with Frank Moynahan, arranged for local en route pilots to be contacted to do an aerial search of the area as they approached the airport.

Dr. Westover's damaged aircraft was spotted submerged in the Peace River at 6:30 p.m. Frank Moynahan arranged for a helicopter from the airport to recover the fuselage at 8:30 p.m. Evidence suggested a manual release of the pilot safety harness. Optimism of Dr. Westover's survival at this time was high. If he survived the accident and made it to shore, his considerable bush experience would have been valuable.

Volunteer searchers were at the scene by 8:30 p.m. with riverboats

beginning to search shortly after midnight. Air visualization of the wreckage estimated the impact site to be about seven miles upstream from where the fuselage was found.

O'Brian Blackall contacted federal air rescue and co-ordinated local air search. He also contacted BC Hydro, which initiated the lowering of the river water level.

Through efforts of the search and rescue team, the R.C.M.P., ground searchmaster Mark Gibb and volunteer riverboat crews, a coordinated search began the following morning. The search involved numerous resources, including rotary and fixed wing aircraft, riverboats and search dogs. Volunteer support was outstanding. Over 500 people contacted the Westover family to provide whatever support they could.

# Tension apparent with hospital sides

By Linda White Daily News special

With the nurses' strike escalating, tensions are mounting on both sides, and a number of complaints by doctors regarding actions taken by the nurses' union are emerging throughout the province.

Such is the case in Dawson Creek. Radiologist Dr. Reg Gojmerac says that some nurses on the picket line "have been giving patients who

# Search continues

By Linda White Daily News special

A volunteer search has been organized by the Fort St. John Search Centre this weekend in an final effort to look for Dr. Gary Westover, who went missing last weekend when his plane crashed in the Peace River.

Mark Gibb, the local Search Master estimates that over 70 volunteers turned up at a meeting last night to co-ordinate the search effort.

Gibb says a number of boats and planes will be available for the search, which will extend from the area where the plane went down, to as far as Peace River, Alberta. As well, ground searchers will comb the banks along the river in an effort to find some evidence that may have washed onto a gravel bar or beaver dam.

Gibb says the search team has asked B.C. Hydro to reduce the level of the river this weekend in an effort to aid the search, as it "may reveal something on the banks of the river."

Volunteers will begin the search at 9 a.m. Saturday morning and are expected to report back to the Search Centre by 7 p.m. The search will again resume on Sunday.

Gibb says that if nothing turns up this weekend, then most likely "the search will not continue." He adds, though, that "the Centre will advise the public, the people who use the river, that there is a man missing and that any information would be appreciated by his family."

This search is an entirely volunteer effort, with most of the equipment supplied by the Search

come to the hospital for tests misleading information."

He says that on Thursday "some picketing nurses were intercepting people in the parking lot and asking them what they were coming for. In one case in particular, the people were advised that their tests were not necessary."

He says that when the people did not show up for these tests, they had to be contacted by the hospital at home and asked to come in.

"These were isolated incidents," Gojmerac says, "but it indicates some interference by the nurses, and was inappropriate advice to be giving."

He says the hospital administration in Dawson Creek filed a complaint with the HLRA to reprimand the act of these few individuals.

Dr. Gojmerac adds that this is not at all the problem at the Fort St. John hospital, where, he says, the "action by the nurses has been admirable." Gojmerac is a radiologist at both hospitals.

Nurses interviewed on the Fort St. John picket line say that they have been talking with and answering questions of those people who ask and they have been distributing literature on the picket line to inform passers-by about the wage demands they are making. The handout is printed by the BCNU.

While the picket lines may look intimidating, nurses here say that no patient is really hesitant to cross them, "although some of them apologize as they do." Technicians are also reporting for work at the hospital.

Neither the nurses nor the Fort St. John hospital have received complaints regarding the nurses' 24-hour picket lines.

Both the workers in the hospital and the striking nurses say that one big problem is the public misconceptions about the strike.

The complaint of doctors is that "the public does not understand that the hospitals are not shut down," Gojmerac says. "The public should be aware that facilities are operating as normal for tests and examinations that are necessary or urgent, although they should expect to wait a while."

Nurses say their major complaint is that the public does not understand fully the details of their

### **OBITUARIES**

### Dr. Gary Groves Westover

Dr. Gary Groves Westover, who practiced medicine in the North Peace for more than three decades, was lost to his family and community June 16 in the crash of his light plane in the Peace River.

Gary Groves Westover was born on December 4, 1929, in Calgary, spending his early school years in Red Deer and Fort Saskatchewan. He graduated in 1955 from the University of Alberta School of Medicine in Edmonton, Alberta. Anticipating general practice in a small community which would require a broader range

of medical skills, he completed an extra year's internship at the Royal Alexandra Hospital in Edmonton. In 1957, with colleague and friend Dr. Keith Dixon, he moved to Fort St. John. He would have completed 32 years of general practice in the Peace Country on June 30 this year.

Gary Westover enjoyed his work and his many hobbies. His library was extensive, as reading in his area of interest was a favorite pastime. He was a devoted and much loved husband, father and grandfather; his grandchildren were a joy to him.



He loved gardening and enjoyed his prize flowers and vegetables which he often entered in the Fall Fair.

Gary was an ardent outdoorsman: fishing, hunting, boating, skiing were favourite sports, and he was also a registered falconer. Gary Westover was much respected by the community. He especially enjoyed association with his local flying fraternity, river boaters, fellow Rotarians and many friends.

For more than 25 years his most absorbing part-time interest was flying. Through the years he crossed Canada twice, flew as far north as Tuktoyaktuk, south as far as Mexico. Four years ago, he began to work on an amphibious biplane, a Seahawk. He proudly put the finishing touches on the plane in mid-June, and was in the process of completing the final required test flights. On June 16, his plane went down.

Surviving are his wife Simona; mother Irene Groves Westover; son Dr. Christopher and wife Charlene, and their children Michael and Rachelle; son Gordon; son Robert and wife Kellie; son Dr. Ted and wife Patty; daughters Susan and Theresa; daughter Heather and husband Glen Merwin and their children Ashley, Britney, and Harrison. Gary Westover will be sadly missed by family and his many friends.

A remembrance service will be held at the Peace Lutheran Church on Wednesday, June 28, at 2 p.m. In lieu of flowers, friends are asked to contribute to the Dr. Westover Memorial Fund, which will provide for an educational bursary.

# Family continues search for Dr. Wes

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Tower at approximately 2:48 p.m. A flight plan was not required by the Ministry of Transport regulations as Dr. Westover was en route to the airport. Dr. Westover had asked a family member to pick him up at the airport at 3 p.m. When he did not arrive, concern was expressed to Dan Anderson, a local pilot, at 4:30 p.m. Anderson, along with Frank Moynahan, arranged for local en route pilots to be contacted to do an aerial search of the area as they approached the airport.

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Westover's survival at this time was high. If he survived the accident and made it to shore, his considerable bush experience would have been valuable.

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O'Brian Blackall contacted federal air rescue and co-ordinated local air search. He also contacted BC Hydro, which initiated the lowering of the river water level.

Through efforts of the search and rescue team, the R.C.M.P., ground searchmaster Mark Gibb and volunteer riverboat crews, a coordinated search began the

following morning. The search involved numerous resources, including rotary and fixed wing aircraft, riverboats and search dogs. Volunteer support was outstanding. Over 500 people contacted the Westover family to provide whatever support they could.

Federal air search and rescue suspended their efforts after two days, convinced the accident was non-survivable. Family and volunteers asked ground searchmaster Gibb to continue to coordinate a search and these efforts continued until Wednesday.

The Westover family has been overwhelmed by the support of the community volunteers and well-wishers but have come to realize any realistic hope of his survival are

News, Thursday, June 22, 1989 — 3

### tover

gone.

The family will continue a search of the river this weekend (June 24-25). Any volunteers wishing to participate would be greatly appreciated. An organizational meeting to co-ordinate this search will be held at 7 p.m., Thursday, June 22 at the Legion librrary.

The Gary Westover Family

wage demands, and that i o

### Search for missing doctor called off by federal rescue

**By Kyle Storey Daily News staff** 

The search for a local pilot who crashed his amphibious plane in the Peace River Friday afternoon has officially been called off.

The search for Dr. Gary Westover, who crashed his homemade Sea-Hunter into the Peace River in the Bear Flats area, began Friday afternoon but was officially called off Sunday night.

While Dr. Westover has not been found, his aircraft was.

The case has now been turned over to the local detachment of the RCMP and will be treated as a missing persons case.

The Sea-Hunter is an amphibious aircraft with the propeller mounted behind the engine and uses the hull as the floatation device for landing on lakes and rivers.

The crash has been estimated to have occurred at approximately 2:30 p.m. Friday.

TOTALLY DESTROYED

Phil Ablitt of the Canadian

Aviation Safety Board said the plane was totally destroyed.

The crash site showed no indications of the plane hitting trees or coming down in the valley. Inspections of the site indicate the plane crashed directly into the river.

"It looks like it just hit the water," said Ablitt. "If it was a landing attempt, it was one that was unsuccessful.

Ablitt refused to speculate on the cause of the accident but indicated it would appear, if it was a landing attempt, there was too much speed or the plane came in at the wrong angle.

"I'm still doing my investigation and I simply don't know enough yet to speculate," said Ablitt.

While no decision has yet been made on the cause of the crash, Ablitt said he had heard rumors Dr. Westover had planned to make some landings in the river.

No flight plan was filed with the local airport. Flight plans must be

55, Monday, June 19, 1989 -

filed for any flight over 25 miles.

Apparently Dr. Westover was planning to fly from Charlie Lake to the Fort St. John airport.

### LOWERED WATER LEVEL

B.C. Hyrdo aided in the recovery of the plane and in search and rescue by lowering the level of the Peace

The wreckage was removed from the crash site by Canadian Helicopters and the search involved local provincial emergency rescue personnel, the RCMP and the Rescue Co-ordination Centre in Victoria.

Tom Mitchell of the Major Canadian Forces Base in Esquimalt and the office in charge of the Rescue Co-ordination Centre said the rescue operation was called off late Sunday evening and has been turned over to the RCMP to handle as a missing persons case.

"Basically we terminated our end the search when we had exhausted all chance of finding survivors," said Major Mitchell. "If he survived the impact it would be difficult to survive the river. If he did survive the impact and did get to shore I'm sure we would have found him. He was an experienced woodsman and I'm sure he would have stayed near the plane."

Major Mitchell said it was "a very unusual case".

"Usually if we find the plane we find a survivor or a body nearby. I understand he was very popular and a large local effort was mounted to search. We really appreciate the

According to Major Mitchell, "at least five boats including an RCMP boat" and two civiliian aircraft as well as a Canadian Forces Buffaloe and numerous ground personnel were used in the search.

"It's very difficult when we have a case like this," said Major Mitchell. "We have a very popular local person missing and we found the plane but we couldn't find the body. I don't think there is any question he came to grief."

Major Mitchell indicated the plane was found some five miles downstream from where a wing was originally found and this may indicate part of the problem in finding the body.

# season of giving



PAY TO THE ORDER OF

Fort St. John General Hospital

**DECEMBER 19, 1988** 

SEARS CANADA INC.

Sears presented a \$2,400 cheque to the Fort St. John General Hospital on Monday as part of a fundraising project started in September which involved selling teddy bears. The adults in the picture are Sears district supervisor John Wells,

nurse Jean Jacobsen, Sears manager Kaye Hildebrand, hospital administrator Rick Wilson and Sears district manager Russ Bentley. The young patients are Jody Acko, Yvonne Mahoney and Crysteal Andrusiak.

(Continued from Page 1)

She said the difficulties aren't

linked to the provincial labour dispute involving nurses but it's still one of the unknowns in the future Last year the hospital was short four nurses and there was a turnover of about 50 per cent. Mrs. Aswhich could impact on operations.

ling said the situation is worse this

forced closure of the intensive care unit and restrictions on surgery. "We're in deep trouble for the next two weeks," assistant ad-

Nurse shortage

shuts hospital

intensive care

ministrator Millie Asling told a meeting of the hospital board. We have no guarantee we can look after patients."

> Mrs. Asling said seven full-time nursing positions are vacant. "We have had to restrict service due to a severe shortage of nurses."

The intensive care unit has been shut down for more than a week and some restrictions have been placed on surgery.

She added that only urgent surgery is being handled.

Dr. Geoffrey Birchall, chief of medical staff, said there were more patients than nurses or beds to accommodate them.

Mrs. Asling said part of the current problem is having nurses away

(See NURSES, page 2)

provide some relief and are more hospitals are faced with similar at Northern Lights College may likely to remain in the area because wasn't unique because all small recruiting and retention headaches they have family ties. Trustees were told it's tough to Mrs. Asling noted that it is impractical to plan for incentives of any kind until the terms of the current offer incentives to attract nurses. complished by October

Mrs. Asling said Fort St. John

Board Chairman John Wetzel said ses are leaving the area to be closer that exit interviews show that nurto family, in some cases, or to imcontract negotiations are decided.

Asling said the key problem is that Fort St. John doesn't attract exprove their education.

perienced nurses. They come here She added that a lot of money had to gain experience and then leave.

been spent on advertising across Canada to attract nurses but there was little response.

> It's expected three nursing vacancies will be filled in the next month

Trustee Noelle Jellison said

Page 14 The Northerner Wednesday, August 16, 1989

Dr. Margaret Ormsta

A special tribute to Dr. Margaret they had difficulty getting out. Harwood also noted that Ormston's ser-Ormston, who leaves this month for a new home in the Lower Mainland, is being organized by Claire Harwood, acting nursing director of Ft. St. John General Hospital, and Rosemary Wheeler, physiotherapy department head, her long-time col-

ly going to miss her after 20 years of the kind of service she gave." They will host a tea in the doctor's "but this whole community is real-"This is our own way of showing honor at the hospital at 2 p.m. our appreciation," said Harwood,

results, Davies says, of "pure joy". ness to go to people's homes when Both Wheeler and Harwood noted Ormston's many grateful patients, her care and kindness for elderly and disabled patients, and her readi-August 21

much missed. For many years the doctor has been physician to the Ride for the Disabled, and for the last 18 months was been president of the group. Sherry Davies, the ment, in one case designing and vices as anesthetist would be very new president, says you could always feel a lift of the spirits among the young riders when Ormston was on the scene. She said the children loved her bright touches--a flower in the horse's mane, a bow on the The doctor did her own modifications on trestle mounting equip-

abled child to achieve a degree of building rigging that allowed a disindependence in the saddle, with

graduates from the nursing program

and a full staff level may be ac-

on holidays and only a few casuals

"The nurses have been doing their utmost to keep things covered and have worked overtime and on call-

### The Annual General Meeting

### Fort St. John and District **Hospital Society**

will be held on

Monday, September 25, 1989

at

1930 Hours (7:30 p.m.)

in the

**Assembly Hall** 

of the

Fort St. John General Hospital

44444444

PRESENT MEMBERS in good standing may renew their memberships at any time prior to the commencement of the Annual Meeting.

NEW MEMBERS, or former members who again wish to join the Society, must be members of the Society for at least one month to be eligible to vote at the Annual Meeting.

**MEMBERSHIP COST: \$1.00** 

Memberships may be obtained at the Fort St. John General Hospital Information Desk, daily between 0800 hours and 2000 hours (8 a.m. to 8 p.m.).

# ACCIDENTS HURT ICBC EVERYBODY.

THE ANNUAL GENERAL MEETING of the FORT ST. JOHN AND DISTRICT HOSPITAL SOCIETY will be held on MONDAY, SEPTEMBER 25TH. 1989

1930 Hours (7:30 p.m.) in the ASSEMBLY HALL of the FORT ST. JOHN GENERAL HOSPITAL

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Alaska Highway News

Monday, September 25, 1989

### John Wetzel has been re-elected to Night at the society's annual genera Linda Gentles was elected viceserve as chairman of the Fort St The election took place Monday John and District Hospital Society. president, replacing Fred Daily News staff meeting. neetin

The Fort St. John and District Hospital Society will hold its annual

Hospital administrator Rick

Ilberg.

remain as secretary-

Wilson will

reasurer of the board, as per the

society constitution.

Six people ran for positions on the

board, prior to the election for

two executive positions.

Fred von Ilberg, Linda Gentles and Joan Hendrick were elected to of Hudson's Hope was elected to a one-year term. Forty-two ballots The other members of the board

were cast.

are John Wetzel, Roy Blackwood

Jarvis and

Noelle Jellison, Fred

John Skorevko

The trustees meet once a month to

policies and

hospital

discuss

The meetings take place

on the first Wednesday of the month

three-year terms. Hugh Hodgkinson

at the hospital's assembly hall and begins The meeting takes place general meeting tonight.

Reports will come from the chief of staff, Dr. Geoffrey Birchall; the the administrator, Rick Wilson; and chairman of the board, John Wetzel: the chairman of the Winnona Davidson.

Questions will be taken from the The financial report presented by the auditors.

be The meeting will conclude with an floor on any of the reports.

It's expected that one of the main care practitioners and the on-going current shortage in the city of health topics of discussion will oattle to recruit specialists. election of officers.

The hospital was established in 931 and was originally run by the Sisters of Providence. The to Daily News building was completed in 1962.

facility: 41 medical and surgery, 21 statistics, there are 96 beds at According

Northerner - September 27, 1989



Rosemary Wheeler checks over Tina Elias-Bertim's sprained ankle

### 'Part of our job is to inspire'

Rosemary Wheeler, director of rehabilitation medicine at the Fort St. John General Hospital, is leaving the area on Oct. 10 after almost 30 years of service. She will set up private physiotherapy practice in Stony Plain, Alberta.

Wheeler, who has a degree in physiotherapy, said "it's hard to prove why someone's shoulder gets better. That shoulder is different from every other shoulder.

"Part of our job is to be a teacher, to inspire people to care for themselves, to be in charge."

Wheeler, who came to Fort St. John in 1960, said one of her most memorable patients was a trapper who had been injured. "I was fresh up from Victoria. A fellow working for social services and I drove out looking for this trapper. We ended up in a mudhole with mud up to the dash. After walking miles through the trees and across a river, we came across another trapper who was just leaving for his trapline. He took us in and fed us beans and bannock, and then helped us find the injured man."

Over the years, Wheeler has helped all kinds of patients, from industrial accidents to arthritis, from strokes to falls.

She said the trend nowadays is to put more onus on the patient for his wellbeing, for doing his exercises. "I can't heal anyone's body," she said. "I think the patients benefit by feeling more independent, more in charge of their health." She said patients have moved from being passive to active.

She said she was proud of the physio department at the hospital. "There's a lot of hospitals where older people don't get the care and attention they get here." She said the doctors here are very supportive.

Wheeler said the difficulty of getting qualified Canadians to take a job in Fort St. John has given the opportunity to exchange ideas with people who have been trained in other countries. "We've had people from Britain, Kenya and South America." Thelma Ribeiro, a physiotherapist now at the hospital, is from Brazil.

## Staffing problems led to surplus

Fort St. John General Hospital wound up its fiscal year with a surplus of \$64,000. But board chairman John Wetzel told the annual meeting of the hospital society the reason for the black ink was that it had been impossible to maintain full staffing.

Dr. Art Cain, reporting for the medical staff, said that although the city now has 12 general practitioners, a number the medical

community considers adequate, two of these are only here temporarily and will soon be gone.

Even more important, he said, was the fact that the two GPs lost this year, Dr. Margaret Ormston who went to the Lower Mainland and Dr. Gary Westover who died in a plane crash, were experienced in anesthesia. The new doctors are not.

He said attempts to recruit an internist for the community are continuing.

Dennis Jacobsen asked the board to get rid of the time clock that nurses must now punch, describing it as "an archaic system and a demeaning process." He also asked when staff can expect payment of wages by direct bank deposit.

Administrator Rick Wilson said the deposit system should be in place in "three or four months." He was less specific about the time clock, agreeing it was archaic "but not necessarily demeaning," and said that its use was under discussion.

Four board members were elected from a slate of six. Fred von Ilberg, Linda Gentles, and Joan Hendrick will serve three-year terms. Hugh Hodgkinson of Hudson's Hope was elected for one year. John Wetzel was re-elected board chairman at a board meeting following the general session.



Hugh Hodgkinson, Joan Hendrick, Fred von Ilberg and Linda Gentles

The first five cataract surgeries Kimbey said the surgery is were performed Friday at the Fort St. John General Hospital. With a target of up to 200 surgeries a year, the regional service, supported by a \$59,000 grant from the ministry of health, will be a "fantastic service to the north," said Colleen Rimbey, acting director of information services at the hospital.

"Our main surgery will be cataract surgery, with some pediatric ophthalmology such as strabismus, and some general eyelid surgery and maybe some glaucoma."

performed by a senior ophthalmology resident under the supervision of staff from UBC. "These top-notch ophthalmologists."

New equipment for the procedures includes general operating room equipment, such as scissors and irrigation canulas, plus an A-scan, which measures the axial length of the eye for the size of lens required in cataract surgery. Rimbey said the A-scan is a type of ultrasound machine.

The nead nurse in the operating room, Val MacMillan, R.N., went for training at the UBC Eye Care Centre to observe surgical procedures.

"This program is very beneficial. Those who usually require cataract surgery are elderly, and it's difficult for them to travel." Prior to this, these patients had to travel to Prince George or Vancouver. Rimbey said there was a "huge, long wait list." She said patients would now come to Fort St. John from Dawson Creek and Fort Nelson.