

*Invest in the  
future of your  
health care.*



*Long term  
support for our  
Hospital &  
Health Centre.*

*Become a member of the  
Fort St. John Hospital  
Foundation.*



FORT ST. JOHN HOSPITAL FOUNDATION

# *There are many ways to give...*

- ***Wills & Bequests***

Leaving funds to work for the future is the ultimate gift of giving. Consult your lawyer for preparation of your will.

- ***Donations through Planned Giving***

Monthly and annual contributions can be arranged through your financial institution.

- ***Commemorative Gifts***

You may wish to pay tribute to a special friend or family member with a designated donation.

- ***Life Insurance***

A gift of life insurance can provide a significant donation for a comparatively small cash investment and affords you an excellent tax benefit. A qualified Insurance Agent will be able to provide details.

***The Fort St. John Hospital Foundation*** was established in 1994 to receive and manage donations and bequests for the Fort St. John Hospital & Health Centre. The Hospital Foundation is dedicated to building a solid foundation for continued community support of the Hospital & Health Centre.

The Foundation's Board of Directors are eight volunteers elected or appointed to represent the Foundation members and the Hospital medical staff and employees.

## ***MEMBERSHIP:***

Your membership extends to you:

- current information on the happenings at the Hospital & Health Centre.
- latest donations and needs of the Hospital.
- invitations to Hospital Foundation events.
- a vote at the Annual General Meeting to elect representatives to the Board of Directors.
- a place with the ever growing group of people doing something about the future of their health care.

*Ensure top quality services from your Hospital & Health Centre.*



*Invest in its future.*

*Become a member of the Fort St. John Hospital Foundation.*



*You are invited* to join others who are strengthening the future of our Hospital & Health Centre. Become a member of the Hospital Foundation. Financial gifts are welcome now and for years to come.



*We, and those we love,* will thank you for your foresight. We all require the services of the Hospital & Health Centre sometime during our lifetime. A well equipped, efficient hospital is essential to us, most often when we least expect it.

*Your membership is important!*

Please count me in as a member of the Fort St. John Hospital Foundation. Enclosed is:

Annual Membership \$10

*Your membership makes you a Friend of the Hospital Foundation. Donations in addition to a membership are accumulative through the years. An accumulation of \$200 in donations will be on the Donor Recognition Wall in the Fort St. John Hospital & Health Centre.*

**REACH FOR THE PLATINUM**  
*with a series of donations.*

I would like to make a donation in the following category:

- Friend \$10 - \$199
- Bronze \$200 - \$999
- Silver \$1000 - \$4999
- Gold \$5000 - \$24999
- Platinum \$25000 or more
- Other \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/Prov. \_\_\_\_\_ P.C. \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

*Return this form with your contribution made out to Fort St. John Hospital Foundation and send to:*

Fort St. John Hospital Foundation  
6 - 9711 101 Ave.  
Fort St. John, BC V1J 6S1

*All donors and members will receive a tax deductible receipt.*



# *A Yag Laser*

for the Eye Clinic at the  
Fort St. John Hospital and Health Centre

**Total Donations Required**

**\$90,000**

## *The Yag Laser Will:*

- **Polish lens implants after cataract surgery**

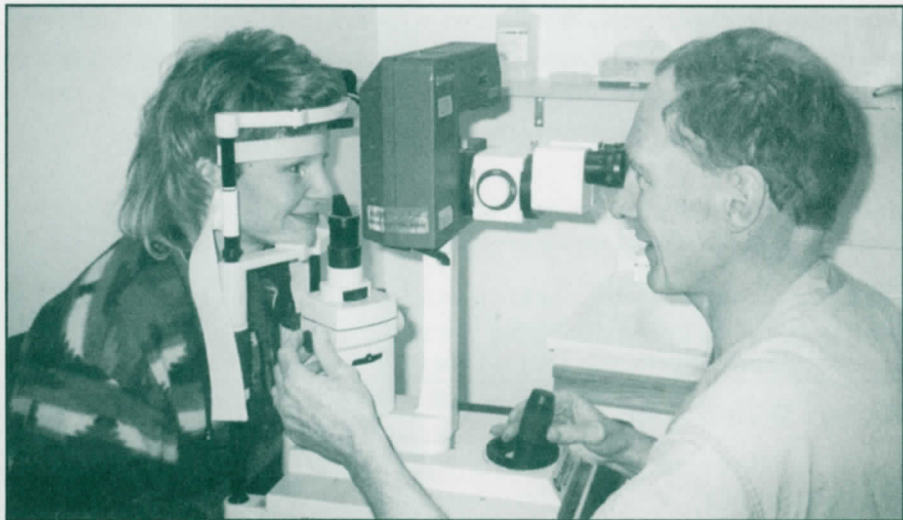
Up to 40% of cataract surgery patients develop scar tissue which clouds the lens (Posterior Capsular Fibrosis).

- **Prevent and cure Angleclosure Glaucoma with a laser puncture hole**

1% of people of age 50 have some type of glaucoma. Glaucoma is very common in First Nations people.

- **Scar tissue can be removed between the cornea, iris and lens**

The laser acts like a scissor to dissect scar tissue in the interior of the eye. (Lysis of Fibrotic bands)



**The Yag Laser in use by UBC Eye Clinic  
Dr. Holland with Dawson Creek patient Sandra Nielson.**

*With your help, we can provide this medical surgery in  
Fort St. John for all Peace Region eye patients.*



Local senior,  
**Win Baker**

launches the  
Regional Fundraising Campaign  
for a Yag Laser  
by making a personal  
commitment of  
**\$2500**

*"When you lose your eyesight, you lose your driving privileges, you lose your reading ability and you just feel old,"*

explained Win when she decided to help other people, like herself, who are having eye problems due to aging.

From personal experience, Win knows what it means to have to travel out of town for eye surgery. Many seniors are not as independent as Win and find it difficult, if not impossible, to leave their community and family support to receive treatment in a larger centre.

*"We need to improve the facilities right here in Fort St. John and with the help of more individuals and some organizations in town, we can do just that."*

Win said she wants to lend a helping hand to the growing number of those choosing to live in Fort St. John for the rest of their lives.

### About Win Baker

Win Baker came to Fort St. John from Ontario with her husband Garnett in 1942, during the construction of the Alaska Highway. When the highway was completed they moved away. Upon their return 20 years later, they found that some of the same concerns, particularly surrounding health care were still alive and, in fact, seem to be prevalent today. The Baker Family motto has been "help others and they will help you". The entire family showed their strong commitment to this motto in organizing the community clean-up a few years ago. Now the Baker Family is helping to establish extensive services for eye surgery in Fort St. John.

## Benefits of the Yag Laser

Provide service close to home



Create a teaching clinic while providing service



Focus regional eye treatment in Fort St. John



Give low risk treatment which is not invasive



Allow patients to go home and not stay overnight



### An opportunity to honour

#### Dr. George N. Cormack

1917 - 2000

Physician in Fort St. John 1947 - 1957

Your donation to the Yag Laser can be made in Dr. Cormack's memory.

In Honour of Dr. George N. Cormack will be included on the Recognition Wall in the lobby of the Fort St. John Hospital and Health Centre.

**For further information contact:** Jeanne Taylor-Clelland at: **787-1321**

*\*Jeanne Taylor-Clelland was Dr. Cormack's FSJ Clinic Assistant.*



Fort St. John Hospital Foundation  
#6 - 9711 101 Avenue, Fort St. John, BC

V1J 6S1



## FORT ST. JOHN HOSPITAL FOUNDATION

The Fort St. John Hospital Foundation is dedicated to raising funds for medical equipment and other patient care needs at the Fort St. John Hospital and Health Centre. Building a strong foundation for continued support of the Hospital will help to assure quality health care for residents of the Peace Country.

Established in 1994 as a non-profit charitable organization, the Foundation has provided the opportunity for the community to be involved in the support of the Hospital. The Foundation is governed by a volunteer board of eight representing the community and medical staff and employees of the Hospital.

### **DONATIONS can be mailed to:**

Fort St. John Hospital Foundation  
#6 - 9711 101 Avenue, Fort St. John, BC V1J 6S1  
phone 1-250-262-5299 fax: 1-250-262-5294  
email: [foundation@plr.hnet.bc.ca](mailto:foundation@plr.hnet.bc.ca)  
*All donations receive a tax deductible receipt.*

### **UBC EYE CLINIC**

#### **at the Fort St. John Hospital and Health Centre**

Six clinics are provided in Fort St. John each year for medical and surgical treatment by both resident and staff doctors from the University of British Columbia, Vancouver, BC. Eye surgery including cataract extraction with lens implants, glaucoma procedures, corneal transplants, ophthalmic plastic surgery, plus other procedures are performed. Those requiring further investigation and/or treatment are referred to larger centres. Laser therapy is also available for certain eye conditions.

This service in ophthalmology, medical and surgical treatment of disease of the eye and related structure, was initiated in Fort St. John to fulfill two needs: 1. a lack of consultative and surgical service in the Peace Liard Region and 2. a need on the part of the UBC Department of Ophthalmology to find a place where their senior residents would gain clinical and surgical experience.

The clinic is an ideal model for telemedicine, which allows for quick transfer of tests and information between rural and large centres in order to facilitate diagnosis and treatment. Although not a full reality yet, it is anticipated that a complete program will be developed in the near future.



FORT ST. JOHN HOSPITAL FOUNDATION

## **What is an Endowment?**

### **A gift Everlasting**

An endowment is a gift, made in your lifetime or bequeathed in your will, which provides a never-ending source of income to the Fort St. John Hospital and Health Centre through the Fort St. John Hospital Foundation. It differs from other types of contributions in that it remains actively invested, allowing the Foundation to draw on it in perpetuity. The principal gift remains untouched and the income generated by the initial donation is allocated to support the needs of the patients at the Fort St. John Hospital and Health Centre.

## **What your Endowment will do for patients at the Fort St. John Hospital**

- ensure a continuing source of funds for purchase of medical equipment for succeeding generations
- provide resources for enhancement of patient safety and comfort at the Fort St. John Hospital and Health Centre
  - support the mandate of the Hospital Foundation for years to come

## **Your generosity deserves special recognition**

The Fort St. John Hospital Foundation honours its endowment donors with our enduring gratitude, prudent investment and careful allocation of income from those investments. Endowment donors will be recognized:

- on the recognition wall in the lobby of the Fort St. John Hospital where all contributions are recognized, or
- with gifts of \$10,000 or more, on the special Endowment wall (to be established)
- in various printed publications community and region-wide and in the Hospital Foundation newsletter and brochures and Northern Health Authority Notes.

*Anonymity is respected. Some donors wish to remain anonymous.*

*We respect the right of the donor who prefers their gift to remain confidential.*

# The Future Awaits our Actions!



**Be part of something extraordinary!**

**Take the opportunity to help  
provide a CT Scanner for the  
Fort St. John Hospital and Health Centre**



FORT ST. JOHN HOSPITAL FOUNDATION



# CT Scanner

# What is it?

A **CT Scanner (Computed Tomography)** is an essential and standard diagnostic tool used extensively by physicians to provide services to their patients. The CT Scanner is a special kind of X-ray machine that, instead of sending out a single X-ray through your body as with ordinary X-rays, sends several beams simultaneously from different angles. It can be purchased as a 16 slice, 32 slice, 64 slice, or 128 slice (not suitable for our needs). Fort St. John will be purchasing a 64 slice that, along with Dawson Creek's Scanner, will provide complete and uninterrupted coverage for the BC Peace Country.

A CT Scan is a non-invasive or minimally invasive, painless medical test that helps physicians diagnose and treat medical conditions. With the use of a CT Scanner physicians can assess acute trauma, injuries, abdominal and chest disease, cardiovascular disease and stroke damage, as well as diagnose tumors, infectious diseases and musculoskeletal disorders. With the CT Scanner the physicians can guide biopsies and other minimally invasive procedures, plan surgery, and provide imaging for Oncology patients. **The CT Scanner is a widely used and fundamentally basic diagnostic tool that is needed at the Fort St. John Hospital and Health Centre.**



# What is it used for?

- A CT Scanner is used to help doctors diagnosis and treat injuries to any part of the body. It is commonly used after a severe trauma to determine head injuries and internal bleeding, and can quickly highlight injuries to the liver, spleen, kidneys or other internal organs
- A CT Scanner is a basic tool in the diagnosis of cancer. It is particularly good at helping to diagnosis lung, liver, and pancreatic cancer since the image allows a doctor to confirm the presence of a tumor and measure its size, precise location and the extent of its spread.
- A CT Scanner is useful to investigate acute abdominal pain. Renal/urinary stones, appendicitis, pancreatitis, diverticulitis, abdominal aortic aneurysm, and bowel obstruction are conditions that are readily diagnosed and assessed with CT.
- Patients with stroke-like symptoms have a window of 3 hours from the onset of the symptoms to the time permanent damage occurs. A CT Scan is the only way to determine what type of stroke the patient is having so that appropriate action can be taken.
- A CT Scan plays a significant role in the detection, diagnosis and treatment of vascular diseases that can lead to stroke, kidney failure, or even death.
- A CT Scanner can measure bone mineral density for the detection of osteoporosis.
- A CT Scanner is essential in the fight against heart disease as it is used to visualize the heart anatomy, coronary circulation, and great vessels which includes the aorta, pulmonary veins, and arteries.

It's About Our Health!

We Need \$1.3 Million

# Did You Know That...

- ...because of the Beatles' success, Sir Godfrey Hounsfield, the scanner's inventor, was able to devote about four years developing the scanner from its 1968 prototype, to something that could be used in a clinic setting. The research facility was owned by the EMI Group that, having sold 200 million of the Beatles hit records, was able to fund Hounsfield to do his research.
- ...CT Scanners have been used for over 35 years and is the standard of care we should have in our region.
- ... Fort St. John Hospital has the second busiest ER in the province, treating about 44,000 emergency patients each year.
- ... doctors in Fort St. John made over **2000 referrals** to the CT Scanner in Dawson Creek last year which operates a 4 slice Scanner; and, an additional **300 people** were transferred to Dawson Creek for emergency CT Scans.
- ...we have a projected 8.8% population growth for our region. A CT Scanner is necessary if we are to recruit and retain doctors and medical technicians to our area.
- ...Dawson Creek is 78 KM away which isn't far unless you or someone you love is in a life and death struggle.

**Donations for the CT Scanner can be directed to the  
Fort St. John Hospital Foundation, 9636 - 100 Avenue  
Fort St. John, BC V1J 1Y3**

**For information contact Janice Isberg at 1-250-262-5299**

# Endowment Fund

The Endowment Fund was established to ensure the ongoing, permanent support of patient care in our community. In a time of ever increasing need for health care, it is vitally important that we not only maintain but also meet the growing needs of our community to enhance patient care. The principal gift of the fund will remain untouched and the income generated by the principal will be used to ensure a continuous source of revenue for the purchase of medical equipment; provide resources for enhancement of patient safety and comfort; and, support the mandate of the Hospital Foundation for years to come.

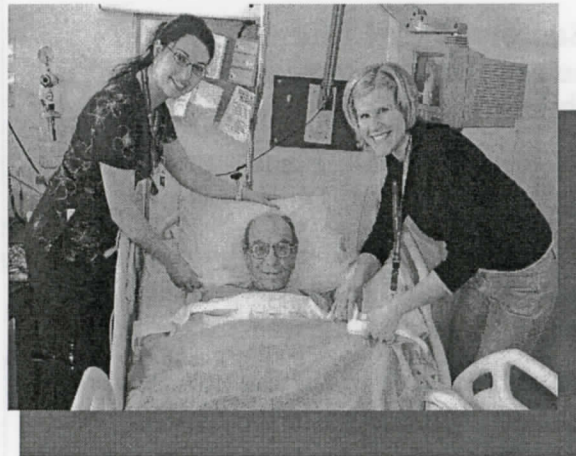
## Board of Directors 2006 - 2007

Gordon Gentles, Chairman  
Rob Munroe, Vice Chairman  
Qi Leong, Treasurer  
Sherri Collins, Secretary  
Charlene Cavers, Hospital Employee Rep.  
Dr. Kevin Page, Medical Staff Rep.  
Brenda Dymond, Director  
Janet Taylor, Director

Janice Isberg, Executive Director  
Pam Westwood, Administrative Assistant

## There are Many Ways to Give

- Cash gifts for equipment purchases or the Endowment Fund
- Leave a legacy by including the Foundation in your Will and Bequests
- Give gifts in Honour of a Friend or Family Member
- Make the Foundation part of your monthly or annual giving



9636 - 100 Avenue  
Fort St. John, BC V1J 1Y3

Phone: (250) 262- 5299

Fax: (250) 262- 5238

Email: [fsjhf@northernhealth.ca](mailto:fsjhf@northernhealth.ca)

Website: [www.hospitalfoundationfsj.org](http://www.hospitalfoundationfsj.org)



*The Foundation is a community-based charitable organization that receives, manages and distributes funds to support the Fort St. John Health Care Centre.*



## Purpose:

1. Provide or enhance patient care needs.
2. Further the education of hospital employees.

**Tel: (250) 262-5299**

## Objectives of the Hospital Foundation

The Hospital Foundation is dedicated to encouraging donations and raising funds for the benefit of the Fort St. John Hospital and Health Centre and co-operating with the Hospital to assist in meeting the needs of the Community.

The Hospital Foundation seeks to build upon existing contributions and programs to provide ongoing sources of funds. The Hospital Foundation seeks the support of the community, including individuals, organizations, and corporations, to achieve fundraising goals and; consequently, promote the importance and needs of the Hospital.

The Hospital Foundation encourages major gifts to the Fort St. John Hospital and Health Centre through the Foundation Endowment Fund which will provide long term benefit to the Hospital.



## How does the Foundation Raise Funds?

- Receiving Donations from our Community
- Applying for Grants
- Supporting Third Party Fundraisers
- Organizing the staff 50/50 Lottery
- Accepting Membership fees

### Hospital Foundation Funds

**In Honour of...** - Families and friends can donate a gift in honour of a loved one or to mark a memorable event.

**Eastern Star Children's Fund** - helps to provide medical equipment for children and for the maternity ward.

**Kidney Dialysis Fund** - provides equipment for the Dialysis Unit.

**Palliative Care Fund** - purchases equipment and other patient care needs for use in our palliative care rooms.

**Burn Fund** - aids in the purchase of medical equipment to treat burn victims.

**General Fund** - donations are used where they would be most beneficial to the hospital

**100% of all donations made to the Fort St. John Hospital Foundation stay in our community to benefit our hospital.**

## Annual Fundraising Campaigns

**"Be an Angel, Light a Light"** - is the Christmas tree light up campaign conducted each year for the entire month of November. The "Angel" is a community-wide, public appeal campaign and receives promotion and assistance from businesses and organizations throughout the Peace Region.

**Spring Fundraising Campaign** - focuses on the equipment requirements of various departments of the Hospital. This campaign is a letter writing and personal visit campaign to businesses and organizations.

**Bluey Day** - is conducted by the BC Ambulance employees along with the Fort St. John Hospital Foundation to help raise funds for cancer patients at the hospital. Volunteers raise funds by shaving their heads to purchase equipment to help detect and treat cancer.



*Third Party organizations, such as the Remax Group, fundraise to support the Fort St. John Hospital.*

9636 - 100 Avenue  
Fort St. John, BC V1J 1Y3

Phone: (250) 262- 5299

Fax: (250) 262- 5238

Email: [fsjhf@northernhealth.ca](mailto:fsjhf@northernhealth.ca)

Website: [www.hospitalfoundationfsj.org](http://www.hospitalfoundationfsj.org)